

**EFMP FAMILY SUPPORT**  
*presents*

# **HEALING WITH HORSES:** *A Caregiver Retreat*

**Self-exploration**

**Acceptance**

**Peer Connections**

**Relaxation**

**On-the-ground equine experiences**



**Growth**

**Courageous Hearts llc.**  
*...where horses empower people!*



**Limit 15!**

**WHEN:** 1 June 10:00 – 12:00  
**WHERE:** Townsend, DE  
**WHO:** EFMP Caregivers \*  
**SignUp:**  
<https://www.signupgenius.com/go/10COB45ACA82CA6FF2-efmp4>

**\*Childcare NOT provided, ADULTS ONLY**

**Highly suggested to bring a water bottle and sun screen. Light refreshments provided, but individuals are welcome to bring their own lunch/snacks.**



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