



EAGALA

The global standard for Equine
Assisted Psychotherapy
& Personal Development



FREE FOR VETERANS

**and Service Members in
Delaware!**

**Call or email for more
information and to enroll!**

At Courageous Hearts LLC, Equine Assisted Psychotherapy and Learning Center

Equine Assisted Therapy helps overcome post-traumatic stress,
anxiety, depression and more!!!!

Courageous Hearts LLC, an Equine Assisted Growth and Learning Association (EAGALA) military designated program proudly presents continuing services for local Veterans and military members:

Equine Assisted Psychotherapy for Veterans and service members with a trauma history.

Courageous Hearts LLC EAP program is currently recruiting Veterans and Service members to participate in an individual behavioral health, experiential intervention that incorporates horses aimed at treating trauma and the impacts of military service. Individual program consists of one hour per week for 8 weeks. If you are part of a group, please contact us to schedule!

This service is provided by the Adaptive Sports Grant, which was awarded to EAGALA and being administered through EAGALA's military partner organizations. There is **NO COST** to **U.S. Veterans and service members!** Please contact us to schedule individual or couples' sessions. We have locations in both Townsend and Lincoln DE. We can be reached at 302-593-1478, 302-218-1463. Courageoushearts.elena@yahoo.com or courageoushearts1@rocketmail.com* www.courageoushearts.us



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