



IN SUSSEX AND NEW CASTLE COUNTY **THE SAVVY CAREGIVER SERIES**

Easterseals and Swank Center for Memory Care and Geriatric Consultation partner to bring you 'The Savvy Caregiver Series'. This four part series provides knowledge and skills essential to those who are caring for a loved one living with Alzheimer's or Dementia. The classes help guide caregivers toward the goal of creating a more fulfilling life for their loved one while also maintaining a healthy balance in their own life.

A recent graduate said "This class has given me confidence. Sometimes it's just the little tips that help so much!"

SUSSEX COUNTY

Milford Library
The Lion's Room
Thursdays
10/17, 10/24, 11/7, 11/14
5:00pm-7:30pm

11 S E Front St,
Milford DE 19963

NEW CASTLE COUNTY

Easterseals
Small Conference Room
Wednesdays
10/23, 10/30, 11/6, 11/13
5:00pm-7:30pm

61 Corporate Circle,
New Castle DE 19720

*A light dinner will be provided. *

The classes are free however registration is **REQUIRED**.
Please call 302-221-2087 or email resources@esdel.org to register.