

ASIST

Applied Suicide Intervention Skills Training

ASIST is a **2-day**, intensive suicide intervention skills-training workshop aimed at those who want to feel more comfortable, confident and competent in helping to prevent the immediate risk of suicide. **ASIST** provides practical training and is suitable for anyone in a caring role or working with vulnerable people, from teenagers upwards.

This training is aimed at:

- Suicide Intervention Officers (SIOs) and Gatekeepers
- Medical/dental health professionals; counsellors and therapists
- Emergency service workers; chaplains and chaplain assistants
- Anyone who cares about helping a suicidal person



Workshop Outcomes

The **ASIST** workshop puts emphasis on suicide first aid and on helping a person at risk stay safe and seek further help. This workshop will enable you to:

- Recognize invitations for help
- Reach out and offer support
- Review the risk of suicide
- Apply a suicide intervention model

NEW CASTLE	KENT	SUSSEX
Wed-Thu, May 8-9, 2019 0830-1630 hours	Wed-Thu, July 24-25, 2019 0830-1630 hours	Wed-Thu, Aug 14-15, 2019 0830-1630 hours
Biden National Guard/Reserve CTR Delaware National Guard, JFHQ 1 Vavala Way, New Castle, DE 19720	Smyrna Readiness Center Delaware National Guard 103 Artisan Drive, Smyrna, DE 19977	Bethany Beach Training Site Delaware National Guard 163 Scannell Boulevard Bethany Beach, DE 19930

ASIST is the Army-approved intervention training for **Suicide Intervention Officers (SIOs)** and **Gatekeepers** (personnel most likely to come in contact with suicidal persons). The DEARNG is seeking interested M-Day personnel, as well as FRG Leaders and Family Members interested in becoming **ASIST** certified.

The 2-day Workshops are 0830-1630 hrs. You must attend BOTH days.
Open to AGR & M-day personnel. Command chain approval is required to enroll.

PRE-REGISTRATION IS MANDATORY

[Funding available through J9](#)

TO REGISTER or for more information, please contact:

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#BeThere

