



EAP OPENINGS FOR VETERANS/SERVICE MEMBERS IN DELAWARE

How does Equine Assisted Psychotherapy help Veterans?

- * unique qualities of horses speed emotional breakthroughs
- * herd dynamics often help participants gain understanding of their own lives
- * experiential learning translates emotional insights into life-changing action
- * EAP offers opportunities to find real world solutions to our toughest challenges

Scheduling beginning February 2019 please call to register 302-593-1378 or 302-218-1463



Courageous Hearts...where horses empower people!

***GROUP SESSIONS AVAILABLE TO ADDRESS PTSD AND TRAUMA FULLY FUNDED BY THE AGS GRANT THROUGH VA. THREE DIFFERENT GROUPS TO CHOOSE FROM, EACH ARE 8 WEEKS/TWO LOCATIONS
NO HORSE RELATED EXPERIENCE NEEDED!! NO RIDING.....ALL ACTIVITIES ARE ON THE GROUND***

COURAGEOUS HEARTS LLC