



EAP OPENINGS FOR VETERANS/SERVICE MEMBERS IN DELAWARE

How does Equine Assisted Psychotherapy help Veterans?

- * unique qualities of horses speed emotional breakthroughs
- * herd dynamics often help participants gain understanding of their own lives
- * experiential learning translates emotional insights into life-changing action
- * EAP offers opportunities to find real world solutions to our toughest challenges

Afternoon, Evening and Day groups available

Still space available in March and April Groups

***** call to register 302-593-1378 or 302-218-1463**

****GROUP SESSIONS AVAILABLE TO ADDRESS PTSD AND TRAUMA FULLY FUNDED BY THE AGS GRANT THROUGH VA.***

****THREE DIFFERENT GROUPS TO CHOOSE FROM, EACH ARE 8 WEEKS IN TWO LOCATIONS (Lincoln or Townsend De)***

****NO HORSE RELATED EXPERIENCE NEEDED!! NO RIDING.....ALL ACTIVITIES ARE ON THE GROUND***



COURAGEOUS HEARTS LLC...where horses empower people!

