

ASIST

Applied Suicide Intervention Skills Training

ASIST is a **2-day**, intensive suicide intervention skills-training workshop aimed at those who want to feel more comfortable, confident and competent in helping to prevent the immediate risk of suicide. **ASIST** provides practical training and is suitable for anyone in a caring role or working with vulnerable people, from teenagers upwards.

This training is aimed at:

- Suicide Intervention Officers (SIOs) and Gatekeepers
- Medical/dental health professionals; counsellors and therapists
- Emergency service workers; chaplains and chaplain assistants
- Anyone who cares about helping a suicidal person



Workshop Outcomes

The **ASIST** workshop puts emphasis on suicide first aid and on helping a person at risk stay safe and seek further help. This workshop will enable you to:

- Recognize invitations for help
- Reach out and offer support
- Review the risk of suicide
- Apply a suicide intervention model

NEW CASTLE	KENT	SUSSEX
Wed-Thu, Nov 7-8, 2018 0800-1630 hours Biden National Guard/Reserve CTR Delaware National Guard, JFHQ 1 Vavala Way, New Castle, DE 19720	Wed-Thu, Jan 9-10, 2019 0800-1630 hours Smyrna Readiness Center Delaware National Guard 103 Artisan Drive, Smyrna, DE 19977	Wed-Thu, Mar 6-7, 2019 0800-1630 hours Georgetown Readiness Center Delaware National Guard 100 W. Pine St, Georgetown, DE 19947

ASIST is the Army-approved intervention training for **Suicide Intervention Officers (SIOs)** and **Gatekeepers** (personnel most likely to come in contact with suicidal persons). The DEARNG is seeking interested M-Day personnel, as well as FRG Leaders and Family Members interested in becoming **ASIST** certified.

The 2-day Workshops are 0830-1630 hrs. You must attend BOTH days.
Open to AGR & M-day personnel. Command chain approval is required to enroll.

PRE-REGISTRATION IS MANDATORY

[Funding available through J9](#)

TO REGISTER or for more information, please contact:

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#BeThere

