

ASIST

# Applied Suicide Intervention Skills Training

**ASIST** is a **2-day**, intensive suicide intervention skills-training workshop aimed at those who want to feel more comfortable, confident and competent in helping to prevent the immediate risk of suicide. **ASIST** provides practical training and is suitable for anyone in a caring role or working with vulnerable people, from teenagers upwards.

This training is aimed at:

- Suicide Intervention Officers (SIOs) and Gatekeepers
- Medical/dental health professionals; counsellors and therapists
- Emergency service workers; chaplains and chaplain assistants
- Anyone who cares about helping a suicidal person



## Workshop Outcomes

The **ASIST** workshop puts emphasis on suicide first aid and on helping a person at risk stay safe and seek further help. This workshop will enable you to:

- Recognize invitations for help
- Reach out and offer support
- Review the risk of suicide
- Apply a suicide intervention model

NEW CASTLE	KENT	SUSSEX
<p><b>WED-THU, JUN 6-7</b>  <b>0800-1630 hours</b></p> <p>Biden National Guard/Reserve Ctr            Delaware National Guard, JFHQ            1 Vavala Way, New Castle, DE 19720</p>	<p><b>WED-THU, JUL 11-12</b>  <b>0800-1630 hours</b></p> <p>Smyrna Readiness Center            Delaware National Guard            103 Artisan Drive, Smyrna, DE 19977</p>	<p><b>WED-THU, AUG 8-9</b>  <b>0800-1630 hours</b></p> <p>Georgetown Readiness Center            Delaware National Guard            100 W. Pine St, Georgetown, DE 19947</p>

**ASIST** is the Army-approved intervention training for **Suicide Intervention Officers (SIOs)** and **Gatekeepers** (personnel most likely to come in contact with suicidal persons). The DEARNG is seeking interested M-Day personnel, as well as FRG Leaders and Family Members interested in becoming **ASIST** certified.

*The 2-day Workshops are 0830-1630 hrs. You must attend BOTH days.*  
**Open to AGR & M-Day personnel. Command chain approval is required to enroll.**

## **PRE-REGISTRATION IS MANDATORY**

[Limited funding available through J9](#)

**TO REGISTER or for more information, please contact:**

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*#BeThere*

