



ASIST

Applied Suicide Intervention Skills Training

Do you come into contact with Service or Family Members at risk of suicide?

ASIST is a **two-day**, intensive suicide intervention skills-training workshop aimed at those who want to feel more comfortable, confident and competent in helping to prevent the immediate risk of suicide. **ASIST** provides practical training and is suitable for anyone in a caring role or working with vulnerable people, from teenagers upwards.

This training is aimed at:

- Medical/dental health professionals; counsellors and therapists
- Emergency service workers; chaplains and chaplain assistants
- Anyone who cares about helping a suicidal person

Workshop Outcomes

The **ASIST** workshop puts emphasis on suicide first aid and on helping a person at risk stay safe and seek further help. This workshop will enable you to:

- Recognize invitations for help
- Reach out and offer support
- Review the risk of suicide
- Apply a suicide intervention model

The DEARNG is seeking interested M-Day (traditional) personnel and Family Members interested in becoming **ASIST** certified. Command chain approval is required for Service Members to attend.

ASIST is the Army-approved intervention training for Gatekeepers (personnel most likely to come in contact with suicidal persons).

Workshop Dates and Venues*:

Biden NGRC Dates:

Upcoming: Wednesday 28 & Thursday 29 March, 2018

All workshops are 0830-1630 hrs.

For more information and to pre-register please contact:

Ronald Andrews (CTR) Suicide Prevention Program Manager
302-326-7098

ronald.d.andrews2.ctr@mail.mil

The course requires attendance on BOTH (TWO) days. Pre-registration is required to attend. No walk-ins. **Limited funding available through 19.*